



New Patient Welcome Packet
Adult

Greetings,

Welcome to Orchid Health! Our Health Clinics were founded on the belief that our state's rural communities deserve to have extremely high quality healthcare that is local, comprehensive, and takes the time to address what matters most to each individual.

We have brought together the following care team members to provide individualized, comprehensive care:

Primary Care Provider (PCP): Your PCP will help you think through important health decisions and may connect you with another member of the care team to make sure that you are getting the best care.

Medical Assistant (MA): Your Medical Assistant will often be the first person you talk with when you have a health concern and will work closely with your PCP to help support any standard ongoing healthcare needs.

Nurse Care Coordinator (RN): At Orchid, we have nurses that help you design a personalized Care Plan, including identifying your personal health goals and planning for any upcoming preventive health items.

Behavioral Health Provider (BH): Our Behavioral Health Providers are available to help with any mental, emotional, or behavioral health needs that you may have. This may include making lifestyle changes, dealing with sadness or loneliness, or problems at home or school.

Community Health Worker (CHW): Our Community Health Workers are available to connect you with community resources, assist in navigating systems, help with insurance questions as well as help you advocate for your needs that can help improve overall health outcomes.

Enclosed are our new patient registration forms. Please complete these forms to the best of your knowledge. Included is a *Medical Records Release Form*, which allows us to request your past medical records prior to your first visit. We ask that you complete this form and drop it off at our clinic as soon as possible. Additionally, a *Controlled Substance Agreement* must be signed before the prescription of controlled substances by Orchid Health providers.

In order for us to best serve you:

1. Please check in at the clinic 15 minutes prior to your scheduled appointment time.
2. Please bring your insurance card and your ID with you to your visit.
3. Please bring the bottles of any current medications you are taking.
4. We require a 24-hour notice for cancellations.



We are here to serve residents in our local rural community!
Welcome to the Orchid Health Family!

Oakridge: Clinic Phone number 541-782-8304

- We are located at 47815 Highway 58, Oakridge, right near the Pharmacy.
- Our hours of operation are: Monday and Friday from 8:30am-5pm, Tuesday, Wednesday and Thursday from 8:30am to 7pm. For after hours support, call our main clinic phone number.

Estacada: Clinic Phone number 503-630-8550

- We are located at 535 NE 6th Ave, Estacada, on the High School Campus, just to the right of the Estacada High School.
- Our hours of operation are: Monday through Thursday from 8:30am to 6:30pm and Friday from 8:30am to 5pm. For after hours support, call our main clinic phone number.

McKenzie River: Clinic Phone number 541-822-3341

- We are located at 51730 Dexter Street, Blue River just off the McKenzie River Hwy
- Our hours of operation are: Monday through Thursday from 8:30am to 5pm. For after hours support, call our main clinic phone number.

Fern Ridge: Clinic Phone number 541-234-3255

- We are located at 24934 Fir Grove Lane, Elmira, located in the parking lot of the High School.
- Our hours of operation are: Monday, Tuesday and Thursday from 8:30am to 7pm and Wednesday & Friday from 8:30am to 5pm. For after hours support, call our main clinic phone number.

Sandy: Clinic Phone number 971-220-2701

- We are located at 37400 Bell Street, Sandy, located in the Student Health Center on campus.
- Our hours of operation are: Monday and Friday from 8:30am to 5pm, Tuesday through Thursday from 8:30am to 6pm. For after hours support, call our main clinic phone number.

Hoodland: Clinic Phone number: 971-333-0494

- We are located at 24461 E Welches Rd, Welches. Located next to the post office building.
- Our hours of operation are: Monday to Thursday and Friday from 8:30am to 5pm.
For after hours support, call our main clinic phone number.

FAQ - Frequently Asked Questions!

- **How do I make an appointment?**
 - Most people call our office to schedule an appointment.
 - You can also request an appointment through our Patient Portal.
- **Need to cancel your appointment?**
 - We require a 24-hour notice for cancellations.
- **What is the Patient Portal?**
 - The Portal allows you to send messages directly to your Provider, instead of calling. It also allows you to see any lab and imaging results as soon as we receive them.
 - You can find the portal link on our website: www.orchidhealth.org (upper right corner). Ask any of our staff for help. We can send you an email link or set you up when you come in.
 - Your health information will be available to you through our patient portal in English or Spanish. The patient portal is compatible with multiple screen reading technologies, including color blindness testing, to support accessibility for people with visual impairments
- **Calling the office?**
 - We strive to provide timely responses to requests. If you call the clinic, you should hear back from us within 24-48 business hours for non-urgent issues. If you send a portal message, you should receive a response within 2 business days.
- **What if I need to reach someone after the office is closed?**
 - Easy! Use the same phone number you normally call and listen for the option to reach our After-Hours Nurse Service.
- **How do I get my Prescription Refilled?**
 - The best FIRST step is to call your pharmacy and ask them for a refill - they will then contact us directly if needed.
 - If you are having any difficulty, please call us so we can resolve it for you. (Or use the Patient Portal!) Any “controlled medication RX” needs to be given during an appointment. (This would include things like pain medication, certain anxiety, or sleep medication, etc).
- **Can I have my blood tests done at Orchid?**
 - Yes, we draw labs for the patients who have *established* with us (even if ordered by other providers).
- **Do you do X-RAYS at Orchid?**
 - No, sorry, at this time, we do not have an X-RAY machine at any of our sites - but we can give you an order to do your test at your preferred imaging center.
- **How can I get my lab or X-RAY/imaging results?**
 - Most test results are shared on the patient portal. If you do not have a patient portal account, we will call you with the results. Some providers may coordinate reviewing your results during a scheduled visit. If you have questions, please reach out via the portal or call your clinic. We care here to help.
- **What if I am worried about paying for my visit or labs?**
 - We don't want money to stand in the way of your health care, so please talk to us about your concerns.
 - Ask about our Sliding Fee Discount, too!
- **Do you see Kids? What about Babies? What about Seniors?**
 - Yes, Yes, and Yes!
- **Patient Relations – How do I report a concern to Orchid Health?**
 - Patients or family members may report concerns about the quality of care, safety or service to any staff member, member of the medical staff or clinic manager. Patients or family members may also contact the Patient Relations Department listed below to share a compliment with staff.
 - Patient Relations – Orchid Health
 - Email: patientrelations@orchidhealth.org
 - Address: PO Box 546 Gresham OR 97030

ORCHID HEALTH REGISTRATION FORM

(Please print)

Legal Name: _____ Today's Date: _____
First - Middle - Last

Date of Birth (mm/dd/yyyy): _____ Social Security Number: _____

Preferred name that you go by: _____ Preferred Pronouns: _____

Legal Sex: Male Female Other: _____

Gender Identity: Man Woman Girl Boy Transfeminine Transmasculine Gender Queer Questioning

Choose not to disclose Not listed, please tell us: _____

Current Sexual Orientation: Straight Gay or Lesbian Bisexual Questioning Don't know

Choose not to disclose Not listed, please tell us: _____

Physical Address: _____ City: _____ State: _____ ZIP Code: _____

Mailing Address: _____ City: _____ State: _____ ZIP Code: _____

Home Phone: _____ Mobile Phone: _____ Consent to text? Yes No

Email: _____ Preferred communication method: _____ Preferred Language: _____

Race: (You can choose more than one if appropriate): White Black or African American Asian

American Indian or Alaska Native Native Hawaiian or other Pacific Islander

Hispanic or Latino Origin Don't know

Ethnicity: Not Hispanic/Latino Hispanic/Latino Other _____

Emergency Contact Name: _____ Relationship: _____ Phone Number: _____

Relationship Status: Married Divorced Single Widow(er) Other Partner

Employment Status: Working Unemployed Retired Intentionally Unemployed

What is (or has been) your usual occupation? (type of work) _____

INSURANCE INFORMATION

(please bring your insurance card to our receptionist)

Please indicate primary insurance name: _____

Insurance ID #: _____ Group Number: _____

Name of SUBSCRIBER: _____ SSN: _____ Date of Birth: _____

Patient's relationship to subscriber: Self Spouse Child Other

Name of secondary insurance (if applicable): _____

Insurance ID #: _____ Group Number: _____

Name of SUBSCRIBER: _____ SSN: _____ Date of Birth: _____

Patient's relationship to subscriber: Self Spouse Child Other

PERSON Financially Responsible for Bills and Payment:

Relationship to patient: _____ Name: _____ DOB: _____

Mailing Address: _____ ZIP Code: _____ City: _____ State: _____

Best Phone Number: _____

**** VA PATIENTS ONLY, MUST fill in this section ****

Policy Holders SS number or DBN number: _____ Name of Insurance: _____

New Patient Health History – Adult

Name _____ Date of Birth _____ Today's Date _____

Current Medical Concerns (what you would like to talk about today):

- 1. (most important) _____
- 2. _____

Please list any allergies you have to medications:

Name of Med Reaction

Please list any medications that you currently take, including Over the Counter Medications, Herbal Supplements, or Vitamins (please write on back of page if needing additional space):

Name of Med Dose Directions (How often you take it)

Have you received the following immunizations (shots)? If yes, please indicate the approximate year received:

Flu Shot: Yes No Year _____ Tetanus/Diphtheria: Yes No Year _____ Hepatitis A: Yes No Year _____
 Shingles: Yes No Year _____ Pneumonia Shot: Yes No Year _____ Hepatitis B: Yes No Yr _____
 MMR: Yes No Year ___ Polio: Yes No Year _____ Other: _____ Year _____

WOMEN: Is there a chance you are pregnant? Yes No

Have you been pregnant before? Yes No (How many times?) _____

When was your last menstrual period? _____

Have you ever had surgery? Yes No If YES, please list them (include the year if possible):

Any hospitalizations? Yes No If YES, please list them (include the year if possible):

Have you ever had any other serious injuries? Yes No If YES, please list them (include the year if possible):

Have you had any of these TESTS? If YES, please indicate when:

Colonoscopy: Yes No Year _____ Bone Density Test: Yes No Year _____
 Pap Smear: Yes No Year _____ Mammogram: Yes No Year _____
 Heart Testing/Stress Test: Yes No Year _____

Do you or have you ever smoked tobacco? Yes No

How Many Years did you smoke tobacco? ____

Do you use or have you used other forms of tobacco, like chewing tobacco? Yes No

Do you use e-cigarettes (vape)? Yes No

FAMILY HEALTH HISTORY

Are you adopted? Yes No (If NO, please complete section below) P=Paternal M=Maternal

	Mother	Father	Grandma	Grandpa	Brother	Sister	Aunt	Uncle
ADHD								
Alzheimer's Disease								
Alcoholism/Substance Abuse								
Aneurysm								
Anxiety and/or Depression								
Arthritis								
Asthma								
Bipolar or Schizophrenia								
Blood Disorder								
Cancer								
Diabetes								
Emphysema/COPD								
Heart Attack								
Hereditary Disorder								
High Cholesterol								
High Blood Pressure								
Kidney Disease								
Liver Disease								
Migraines								
Osteoporosis								
Seizures/Epilepsy								
Skin Cancer								
Stroke								
Sudden Cardiac Death								
Thyroid Disorder								

PERSONAL HEALTH HISTORY

ADHD or ADD	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Endometriosis	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Alcoholism/Substance Abuse	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Fibromyalgia	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Allergies/Hay fever	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Gout	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Anemia	<input type="checkbox"/> Yes	<input type="checkbox"/> No	GYN Problems	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Anesthesia Complications	<input type="checkbox"/> Yes	<input type="checkbox"/> No	HIV	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Anxiety Disorder or Recurrent Anxiety	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Heart Problems	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Arthritis	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Hepatitis C	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Asthma	<input type="checkbox"/> Yes	<input type="checkbox"/> No	High Blood Pressure/Hypertension	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Autism Spectrum Disorder	<input type="checkbox"/> Yes	<input type="checkbox"/> No	High Cholesterol	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Bipolar or Schizophrenia	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Kidney Stones	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Birth Defects or Inherited Disease	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Kidney or Bladder Problems	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Blood Transfusion	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Liver Disease	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Cancer	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Migraines	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Chicken Pox	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Muscle, Joint, or Bone Problems	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Clotting Problems/bleed too much	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Osteoporosis	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Depression	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Reflux/GERD	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Developmental or Behavioral Disorders	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Seizures/Epilepsy	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Diabetes or Pre-Diabetes	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Skin problems (Rashes/Changing Moles)	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Diverticulitis/Diverticulosis	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Stomach Ulcers or Swallowing Problems	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Domestic Violence	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Stroke or TIA	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Ear Infections - Chronic	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Thyroid Problems	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Ear or Hearing Problems	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Tuberculosis or Positive TB Test	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Eating Disorder like Anorexia or Bulimia	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Vision or Eye Problems	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Eczema	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Other:	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Emphysema/COPD/Chronic Bronchitis	<input type="checkbox"/> Yes	<input type="checkbox"/> No			



Medical Records Release

Patient Name _____ Former Name (if any) _____
 D.O.B.: _____ Phone: _____
 Address _____ City _____ State _____ Zip _____

<p>I authorize information to be released FROM:</p> <p>Name/Facility: _____ Address: _____ City, State, Zip: _____ Phone: _____</p>	<p>I authorize information to be released TO:</p> <p>Name/Facility: _____ Address: _____ City, State, Zip: _____ Phone: _____</p>
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The purpose of this request is:

Referred Medical Care
 Transferring Care
 Personal
 Legal
 Other _____

Type of information to be released:

Complete Medical Records *(Consists of the last 2 years of treatment unless otherwise specified)*
 Other (Please specify): _____

MUST be INITIALED to be included with records

_____ HIV/AIDs related records
 _____ Mental Health related records
 _____ Genetic testing information

_____ Drug/Alcohol** * *PROHIBITED RE-DISCLOSURE: This information has been disclosed to you from records protected by Federal Confidentiality Rules (42 CFR Part 2). The federal rules prohibit you from making any further disclosure of this information without the specific written consent of the person to whom it pertains or as otherwise permitted by 42 CFR Part 2. A general authorization for the release of medical or other information is NOT sufficient for this purpose.

All records will be sent though fax unless otherwise indicated. I consent to the faxing of my medical records. All faxed documents contain a confidentiality statement; however, I understand confidentiality at the receiving end cannot be guaranteed.
 YES
 NO

My signature indicates that I authorize the disclosure of the above information and understand the following:
 I understand that I may choose not to sign this authorization and that my choice not to sign will not be a basis to affect my ability to obtain treatment.
 I understand I can cancel permission to use and disclose my information at any time in writing. Unless revoked earlier, this consent will expire 180 days from the date of signing or shall remain in effect for the period reasonably needed to complete the request.
 I understand this change will not affect information that has already been shared.
 I understand that federal and state law protects my health information. However, my information could be shared with agencies or businesses that may not be covered by this law. They could then share my information with others. I understand that they cannot share information regarding HIV/ AIDS, mental health treatment, alcohol and drug treatment or genetic testing unless I give them permission by initialing this permission above or as otherwise permitted by law.
 I understand that I am allowed to receive a copy of this Authorization.

 Signature of Patient/Legally Responsible Person Relationship to Patient Date

Wade Creek Clinic
 535 NE 6th Ave • Estacada, OR 97023
 F: (866) 669-3334 Ph: (503) 630-8550

Oakridge Clinic
 47815 Hwy 58 • Oakridge, OR 97463
 F: (855) 313-2095 Ph: (541) 782-8304

Fern Ridge Clinic
 24934 Fir Grove Ln • Elmira, OR 97437
 F: (833) 673-0252 Ph: (541) 234-3255

McKenzie River Clinic
 51730 Dexter Street • Blue River, OR 97413
 F: (833)905-2303 Ph: (541)822-3341

Sandy Clinic
 37400 Bell St • Sandy, OR 97055
 F: (833) 903-3607 Ph: (971)220-2701

Hoodland Clinic
 24461 E Welches Road • Welches, OR 97067
 F:(833)973-4292 Ph: 971-333-0494

CONSENT FORM

Consent for Treatment: I consent to medical treatment of medical services performed or prescribed by the attending or consulting medical providers at Orchid Health, and I agree to the performance of treatments or procedures which are considered necessary, routine, or advisable. An example of some treatments performed at Orchid:

- Routine physical exams, including sports physicals
- Early detection, diagnosis and treatment of illness and injury treatment of minor injuries
- Assessment and management of chronic health conditions
- Age-appropriate reproductive health
- Routine lab tests and Immunizations
- Health education, counseling, and wellness promotion
- Prescription medications if appropriate
- Behavioral health services
- Referral for health care services not provided by Orchid Health

Authorization of Payment: I assign and authorize direct payment to Orchid Health of all insurance and plan benefits that are payable for service(s) I receive. I also authorize the release of any medical records necessary to allow the insurance company to pay for these services, within the guidelines of the HIPAA (Privacy) Laws. I fully understand that in the event my insurance company or financially responsible party does not pay for the services I receive, I will be financially responsible for payment. If I do not have active insurance, I agree to pay for services at the time they are received.

Notice of Privacy Practices: I acknowledge receipt of Orchid Health's Notice of Privacy Practices. This notice can be found on our website under patient forms, is available at the clinic upon check-in, and is otherwise available to me at any time upon request.

Patient Rights and Responsibilities: I acknowledge receipt of Orchid Health's Patient Rights and Responsibilities. These can be found on our website under patient forms, are available at the clinic upon check-in, and are otherwise available to me at any time upon request. I acknowledge receipt of information regarding Patient Rights and may accept or refuse care at any time. I understand I have the right to ask questions about and refuse these services. I acknowledge that I have the right to refuse care or withdraw my consent for care, without affecting my right to future care or treatment.

Consent to Access Historical Prescription/Pharmacy Records, and to Reach out to Local Hospital Networks to Access Health History Information: I authorize the release of my historical health information, as accurate information is necessary for the provision of accurate and quality medical care.

Consent to Call: I consent to receive calls from Orchid Health for my protected healthcare and other services at the phone number(s) provided to the practice, including my wireless number. I understand I may be charged for such calls by my wireless carrier and that such calls may be generated by an automated dialing system.

Patient or Authorized Representative Name (Please print) _____

Date of Birth _____

If authorized representative, please state relationship to patient _____

Signature _____ Date _____

AUTHORIZATION TO DISCLOSE INFORMATION

Patient Name: _____ Date of Birth: _____

Authorization to Disclose Information to Others:

Without specific permission, we will **not** release any medical information to anyone other than you. In some cases you may wish for another person to have access to your medical information. Please identify those individuals and their relationship to you (i.e. spouse, parent, son, daughter, partner etc.).

I give permission to release the following information to the individuals listed below:

- All health information about me created or received by Orchid Health, including medical records, case or medical management, billing, payment, claims and enrollment, mental health, developmental disabilities, AIDS/HIV testing information or test results, substance abuse and alcohol treatment, and genetic testing.

- All health information **except for:** mental health, developmental disabilities, AIDS/HIV testing information or test results, substance abuse and alcohol treatment, and genetic testing.

Name	Relationship	Phone Number

Personal Communication Methods:

As our patient, we may need to communicate with you outside of our clinic. To assure your privacy, we would like you to indicate whether it is OK or not to leave medical information (such as normal lab results) on a voicemail if we are unable to reach you.

Home Phone # _____

- ___ Do NOT leave messages
- ___ May leave call back numbers only
- ___ May leave messages with details

Mobile Phone # _____

- ___ Do NOT leave messages
- ___ May leave call back numbers only
- ___ May leave messages with details

TERM: This authorization will remain in effect for a period of **one year**. I can revoke this authorization in writing (at any time) as described in the Orchid Health Notice of Privacy Practices.

Patient or Authorized Representative Name (Please print) _____

Date of Birth _____

If authorized representative, please state relationship to patient _____

Signature _____ Date _____

ORCHID HEALTH MARKETING CONSENT FORM

How did you hear about us? (Please check one or provide details if not listed):

- Online search
- WordofMouth
- Social media
- Print advertisement
- Saw a Sign
- Other: _____

I, _____, hereby grant consent to Orchid Health to send memarketing communications via email. I understand that I have the right to “opt out” of receiving such communications even if I have signed the opt-in option.

I understand and acknowledge the following:

- 1. Purpose:** Communication that encourages you to use our services is considered marketing. We must obtain your authorization. The marketing communications may include information about Orchid Health services, promotions, events, newsletters, and other related healthcare materials.
- 2. Voluntary Participation:** I have the right to choose whether or not to receive marketing communications from Orchid Health. Participation is entirely voluntary.
- 3. Privacy:** Orchid Health will handle my personal information in accordance with its privacy policy and applicable laws and regulations.

Consent Options:

Please indicate your preference by checking the appropriate box below:

- I consent to receive marketing communications from Orchid Health via email.
- I do **NOT** wish to receive any Marketing Communications from Orchid Health.

Patient or Authorized Representative Name (Please print): _____

Date of Birth _____

If authorized representative, please state relationship to patient _____

Signature _____ Date _____

Nondiscrimination and Accessibility Statement:

Discrimination is Against the Law

Orchid Health complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex (consistent with the scope of sex discrimination described at 45 CFR § 92.101(a)(2)). Orchid Health does not exclude people or treat them less favorably because of race, color, national origin, age, disability, or sex (including pregnancy, sexual orientation, and gender identity).

Orchid Health:

- Provides people with disabilities reasonable modifications and free appropriate auxiliary aids and services to communicate effectively with us, such as:
 - Qualified sign language interpreters
 - Written information in other formats (large print, audio, accessible electronic formats, other formats).
- Provides free language assistance services to people whose primary language is not English, which may include:
 - Qualified interpreters
 - Information written in other languages.

If you need reasonable modifications, appropriate auxiliary aids and services, or language assistance services, contact the Compliance Manager.

If you believe that Orchid Health has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with:

- The Compliance Manager
- PO BOX 546 GRESHAM, OR 97030
- patientrelations@orchidhealth.org
- 541-246-7133

You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, the Compliance Manager is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services
200 Independence Avenue, SW
Room 509F, HHH Building
Washington, D.C. 20201
1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

This notice is available at Orchid Health's website: www.orchidhealth.org